TOTAL SOCCER TRAINING LIABILITY WAIVER AND SOCIAL MEDIA CONSENT

ASSUMPTION OF RISK AND RELEASE OF ALL CLAIMS I AM AWARE THAT PLAYING OR PRACTICING TO PLAY/PARTICIPATE IN ANY SPORT CAN BE A DANGEROUS ACTIVITY INVOLVING MANY RISKS OF INJURY. I DO UNDERSTAND THAT THE DANGERS AND RISKS OF PLAYING OR PRACTICING ANY SPORT INCLUDE, BUT ARE NOT LIMITED TO, DEATH, SERIOUS NECK AND SPINAL INJURIES WHICH MAY RESULT IN COMPLETE OR PARTIAL PARALYSIS, BRAIN DAMAGE, SERIOUS INJURY TO VIRTUALLY ALL INTERNAL ORGANS, OTHER ASPECTS OF MY BODY, GENERAL HEALTH AND WELLBEING. I UNDERSTAND THAT THE DANGERS AND RISKS OF PLAYING OR PRACTICING TO PLAY/PARTICIPATE IN ANY SPORT MAY RESULT NOT ONLY IN SERIOUS INJURY, BUT IN A SERIOUS IMPAIRMENT OF MY FUTURE ABILITIES TO EARN A LIVING, TO ENGAGE IN OTHER BUSINESS, SOCIAL AND RECREATIONAL ACTIVITIES, AND GENERALLY TO ENJOY LIFE.

BECAUSE OF THE DANGERS OF PARTICIPATING IN TOTAL SOCCER TRAINING, I RECOGNIZE THE IMPORTANCE OF FOLLOWING TEACHERS' AND COACHES' INSTRUCTIONS REGARDING PLAYING TECHNIQUES, TRAINING AND OTHER TEAM RULES, AND AGREES TO OBEY SUCH INSTRUCTIONS.

IN CONSIDERATION OF TOTAL SOCCER TRAINING PERMITTING ME TO ENGAGE IN ALL ACTIVITIES RELATED TO THE SPORT, INCLUDING, BUT NOT LIMITED TO, TRYING OUT, PRACTICING OR PLAYING/PARTICIPATING IN THAT SPORT, I HEREBY ACKNOWLEDGE AND AGREE TO THE FOLLOWING:

I VOLUNTARILY ASSUME THE RISK OF ACCIDENT, INJURY OR DAMAGE TO PERSON OR PROPERTY. FURTHERMORE, I VOLUNTARILY RELEASE AND DISCHARGE TOTAL SOCCER TRAINING, ITS EMPLOYEES, AGENTS, REPRESENTATIVES, COACHES AND VOLUNTEERS FROM, WITHOUT LIMITATION, ANY AND ALL ACTIONS, CAUSES OF ACTION, CLAIMS, DEMANDS, DAMAGES, COSTS, EXPENSES, COMPENSATION, AND/OR SUITS AT LAW OR IN EQUITY, ON ACCOUNT OF OR RELATING TO ANY ACT OR OMISSION BY THE TOTAL SOCCER TRAINING, ITS EMPLOYEES, AGENTS, REPRESENTATIVES, COACHES OR VOLUNTEERS. I ALSO AGREE TO DEFEND, INDEMNIFY AND SAVE TOTAL SOCCER TRAINING HARMLESS FROM AND AGAINST ANY AND ALL LIABILITY, ACTIONS, CAUSES OF ACTION, DEBTS, CLAIMS, DEMANDS, OR SUITS AT LAW OR IN EQUITY OF ANY KIND AND NATURE WHATSOEVER WHICH MAY ARISE, DIRECTLY OR INDIRECTLY, BY OR IN CONNECTION WITH MY PARTICIPATION IN ANY ACTIVITY. THE TERMS HEREOF SHALL SERVE AS A RELEASE FOR MY HEIRS, ESTATE, EXECUTOR, ADMINISTRATOR, AND ASSIGNEES.

I FURTHER ACKNOWLEDGE THAT IF I AM PARTICIPATING IN SOCCER, I AM AWARE THAT IT IS A VIOLENT CONTACT SPORT INVOLVING EVEN GREATER RISK OF INJURY THAN OTHER SPORTS.

IN ADDITION, I ACKNOWLEDGE ALL THE REGULATIONS AND THE POTENTIAL OF DENIAL AND DISMISSAL FROM SPORT PARTICIPATION FOR VIOLATIONS OF THE EXPECTATIONS AND STANDARDS OF THE TST STAFF AND COACHES.

PARTICIPATION, EMERGENCY ACTION AND MEDIA CONSENT

WE, AS THE PARTICIPANT AND THE PARTICIPANT'S PARENT OR LEGAL GUARDIAN, AGREE TO TAKE PART AND CONSENT TO ALL PHASES OF THE ACADEMY'S TRAINING AND ACTIVITIES.

WE UNDERSTAND AND AGREE TO COOPERATE WITH ALL ACADEMY REGULATIONS, POLICIES AND PROCEDURES OR OTHER GUIDELINES. IN THE CASE OF AN EMERGENCY, WHEN THE UNDERSIGNED OR EMERGENCY CONTACT PERSON NAMED CANNOT BE REACHED I GIVE PERMISSION TO ACADEMY STAFF AND COACHES TO TAKE ANY EMERGENCY MEASURES DEEMED APPROPRIATE. IT IS UNDERSTOOD THAT ALL REASONABLE EFFORTS WILL BE MADE TO CONTACT THE PARENT/GUARDIAN.

WE ALSO UNDERSTAND THAT WHEN TAKING PART IN ACADEMY TRAINING AND ACTIVITIES, THE PARTICIPANT MAY BE PHOTOGRAPHED FOR PRINT, VIDEO OR ELECTRONIC IMAGING. WE UNDERSTAND THAT THE IMAGES MAY BE USED IN PROMOTIONAL MATERIALS, NEWS RELEASES AND OTHER PUBLISHED FORMATS, AND THEY WILL BE THE SOLE PROPERTY OF TOTAL SOCCER TRAINING.